

Belmont Manor Menu ~ Week One

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Orange Juice Oatmeal French Toast Bacon	Orange Juice Oatmeal Cheese Omelet Wheat Toast	Orange Juice Cream of Wheat Pancakes Sausage Links	Orange Juice Oatmeal Vegetable Quiche Home Fries	Orange Juice Oatmeal Scrambled Eggs Toast	Orange Juice Cream of Wheat Waffles Bacon	Orange Juice Oatmeal Hard Boiled Eggs Assorted Scones
Dinner	Chicken Piccata Rice Pilaf California Vegetables or Roast Pork Chop Rice Pilaf California Vegetables Fudge Brownie Seasonal Fresh Fruit	Ritz Cracker Topped Cod Key Largo Vegetables Red Bliss Potato or Cheese Manicotti Key Largo Vegetables Apple Pie Seasonal Fresh Fruit	Meatloaf Mashed Potato Carrots or Roast Turkey Mashed Potato Carrots Pound Cake Seasonal Fresh Fruit	Roast Turkey, Cranberry Sauce Bread Dressing Butternut Squash or Baked Ham Creamed Corn Squash Pumpkin Pie Seasonal Fresh Fruit	Alaskan Salmon Roasted Sweet Potato Peas & Onions or Roast Chicken Roasted Sweet Potato Peas & Onions Vanilla Pudding Seasonal Fresh Fruit	Chicken Supreme with Mushroom Sauce Rice Pilaf or Baked Ham Rice Pilaf Green Beans Strawberries with Whipped Topping Seasonal Fresh Fruit	Leg of Lamb Red Roasted Potatoes Vegetable Medley or Salisbury Steak Red Roasted Potatoes Vegetable Medley Blueberry Pie Seasonal Fresh Fruit
Supper	Tuna Noodle Casserole Sautéed Zucchini or Open Faced Roast Beef Sandwich Sautéed Zucchini Peaches Ice Cream Cup	Vegetable Quiche Diced Beets or Meat Lovers Pizza Diced Beets Ice Cream Cup Seasonal Fruit Cup	Tuna Sandwich Potato Salad or Shepard's Pie Dinner Roll Strawberry Cream Pie Seasonal Fruit Cup	Baked Mac & Cheese Roasted Tomatoes or Filet of Fish Cole Slaw Raspberry Sherbet Ice Cream Cup	Chicken Pot Pie Corn Bread or Egg Salad Sandwich Pasta Salad Snickerdoodle Cookie Ice Cream Cup	Hamburger Steak Fries or Hot Dog Baked Beans Raspberry Cheesecake Seasonal Fruit Cup	Crab & Seafood Cakes Mixed Greens Salad Tater Tots or Chicken Tenders Mixed Greens Salad Tater Tots Mini Eclairs Ice Cream Cup

Belmont Manor Menu ~ Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Orange Juice Oatmeal French Toast Bacon	Orange Juice Oatmeal Cheese Omelet Wheat Toast	Orange Juice Cream of Wheat Pancakes Sausage Links	Orange Juice Cinnamon Oatmeal Vegetable Quiche Home Fries	Orange Juice Oatmeal Scrambled Eggs Toast	Orange Juice Cream of Wheat Waffles Bacon	Orange Juice Oatmeal Hard Boiled Eggs Assorted Scones
Dinner	Chicken Cutlet Mashed Potato Roasted Carrots or Bratwurst & Sauerkraut Roasted Carrots Lemon Squares Seasonal Fresh Fruit	Baked Scallops Sautéed Spinach Roasted Diced Sweet Potato or Sliced Sirloin, Burgundy Sauce Sautéed Spinach Roasted Diced Sweet Potato Key Lime Pie Seasonal Fresh Fruit	Sweet & Sour Chicken White Rice Green Beans or Cheese Lasagna Green Beans Strawberry Shortcake Seasonal Fresh Fruit	Roast Pork loin Apple Cornbread Dressing Carrots & Cauliflower or Roasted Chicken Apple Cornbread Dressing Carrots & Cauliflower Raspberry Filled Cookie Seasonal Fresh Fruit	Rotini, Meat Sauce & Parmesan Cheese Zucchini & Summer Squash or Vegetable Quiche Zucchini & Summer Squash Boston Cream Pie Seasonal Fresh Fruit	Coconut Shrimp Rice Pilaf Vegetable Medley or Roast Pork, Applesauce Rice Pilaf Vegetable Medley Chocolate Pudding Seasonal Fresh Fruit	Roast Chicken Au Gratin Potato Green Beans or Salisbury Steak, Marsala Mushroom Sauce Au Gratin Potato Green Beans Banana Cream Bar Seasonal Fresh Fruit
Supper	Grilled Ham & Swiss on Wheat Cucumber Salad Pasta Salad Or Roast Turkey, Mashed Potato Broccoli Chocolate Cake Ice Cream Cup	American Chop Suey Broccoli or Tuna Salad Roll Cucumber Salad Pasta Salad Tiramisu Seasonal Fruit Cup	Beef Stew Dinner roll or Fish Filet Cole Slaw, Tartar Sauce Ice Cream Cup Seasonal Fruit Cup	Grilled Chicken on a Roll Lettuce & Tomato Seasoned Potato Wedges or Open Faced Roast Beef Sandwich Seasoned Potato Wedges Cinnamon Baked Apples Seasonal Fruit Cup	Baked Haddock Vegetable Orzo Spinach or Chicken Cordon Bleu Vegetable Orzo Spinach Orange Sherbet Ice Cream Cup	Hot Dog on a Roll Baked Beans or Cheese Pizza, Garden Salad Apple Pie Seasonal Fruit Cup	Turkey Pot Pie, Potato, Carrots & Peas or Grilled Ham & Cheese Tomato Casserole Sweet Potato Pie Ice Cream Cup

Belmont Manor Menu – Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Orange Juice Oatmeal French Toast Bacon	Orange Juice Oatmeal Plain Omelet Wheat Toast	Orange Juice Cream of Wheat Pancakes Sausage Links	Orange Juice Cinnamon Oatmeal Vegetable Quiche Home Fries	Orange Juice Oatmeal Scrambled Eggs Toast	Orange Juice Cream of Wheat Waffles Bacon	Orange Juice Oatmeal Hard Boiled Eggs Assorted Scones
Dinner	Meatloaf Mashed Potato Green Bean/Carrot or Baked Chicken Mashed Potato Green Beans Carrots Mango Delight Seasonal Fruit Cup	Lemon Baked Haddock Sweet Potato Mash California Vegetable or Baked Ham, Pineapple Sauce Sweet Potato Mash California Vegetable Fruited Gelatin Seasonal Fruit Cup	Beef Brisket Carrots Roasted Potato or Roast Turkey, Gravy Carrots Roasted Potato Apple Pie Seasonal Fruit Cup	Maple Baked Ham Potato Cakes Mediterranean Veggies or Salisbury Steak Potato Cakes Mediterranean Veggies Raspberry Sherbet Seasonal Fruit Cup	Honey Glazed Salmon Spinach Vegetable Orzo or Vegetable Pizza, Garden Salad Chocolate Cream Pie Seasonal Fruit Cup	Chicken Cacciatore, Rice in Tomato Sauce Vegetable Medley or Baked Mac & Cheese Vegetable Medley Sugar Cookie Seasonal Fruit Cup	Swedish Meatballs, Mashed Potatoes, Mixed Vegetables or Sautéed Chicken, Ziti and Broccoli Vanilla Pudding Seasonal Fruit Cup
Supper	Chicken Salad Sandwich Cucumber & Tomato Salad or Pork Loin, Roasted Potato, Zucchini Lemon Shortcake Seasonal Fruit Cup	American Chop Suey Zucchini Or Rueben on Mable Rye, Thousand Island Dressing Baked Fries, Cole Slaw Ice Cream Cup Seasonal Fruit Cup	Ravioli Tomato Sauce, Green Beans Parmesan Cheese or Marinated Chicken on Bun Pasta Salad Chocolate Peanut Butter Cookie Seasonal Fruit Cup	Philly Cheese Steak Roll Sweet Potato Wedges or Seafood Salad Roll Sweet Potato Wedges Carrot Cake Seasonal Fruit Cup	Marinated Flank Steak, Tuscany Vegetables, Roasted Red Bliss Potatoes or Tuna Patties, Cole Slaw, Tartar Sauce, Roasted Red Bliss Potatoes Baked Apple Slices Ice Cream Cup	Shrimp Scampi, Broccoli, Bread Stick or Hamburger, French Fries Lemon Meringue Pie Seasonal Fruit Cup	Hot Turkey Open Faced Sandwich, Green Beans or Hot Dog on a Roll, Baked Beans Ice Cream Cup Seasonal Fruit Cup