

NOVEMBER 2018

Belmont Manor Newsletter

Belmont Manor Nursing & Rehabilitation Center, 34 Agassiz Avenue, Belmont, MA 02478



Celebrating November with our Special Events

November Birthday Party with Music by Brian Kane

November 2nd at 2:30

Belmont Garden Club

November 5th at 2:30

Singing Grandpops of Arlington Perform

November 7th at 2:30

Veteran's Day Performance by George Lyons

November 11th at 2:30

Art Matters Presentation

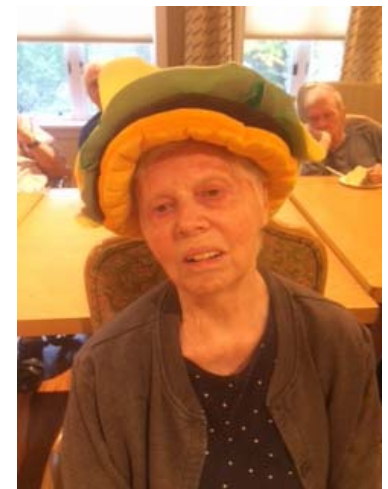
November 12th at 2:00

Thanksgiving Family Dinner

November 21st at Noon

Laughter is the Best Medicine

The average child laughs about 300 times a day!! The average adult laughs about 35 times a day. What a difference that is, especially when the golden rule is "Laughter is the Best Medicine!"



Belmont Manor prides itself on using non-pharmaceutical methods for improving our residents' quality of life, and laughter is one of them! So put on your silliest hats and come join us on St.4 for a good, needed laugh or two!!

Halloween at Belmont Manor!



Haunted Gingerbread Houses!

Annual Thanksgiving Dinner



We warmly invite you and your extended families to join us for our Thanksgiving Dinner on Wednesday, November 21st at Noon



Kindly Please RSVP to the Receptionist at (617) 489-1200 by November 19th
It will be a wonderful event!!

Costumes at the Manor Get More Creative Every Year!!



Lightning in a Bottle

What is the appeal of the mason jar? It conjures rustic romanticism and good, homemade food. Some even say that it captures summer in a jar, to be uncapped and enjoyed in the long, cold winter. Perhaps you'll even be inspired to preserve something tasty in a jar yourself on November 30, Mason Jar Day.



John L. Mason didn't set out to become famous when he invented the mason jar on November 30, 1858. In fact, he didn't invent the jar at all but rather the unique two-piece metal screw cap. Mason was, after all, a tinsmith, so he was well-versed in the utility

of metal. Heat-based canning as a method to preserve foods was common in kitchens prior to Mason's invention. The one problem common to this type of preservation was a faulty seal. As soon as air entered the jar or can, food began to spoil. Mason's airtight lid solved that problem beautifully, advancing the efficiency of the canning process. While his airtight lid kept food fresh, the clear glass jar made the contents appetizing.

The most popular mason jar manufactured today is the ubiquitous Ball brand jar. Ball jars were first manufactured in 1884, and today, they are created at a rate of 17 jars per second. Not only is the glass favored over plastic jars made with synthetic chemicals but these jars are also appreciated for their versatility. A mason jar is no longer singularly used to preserve foods like jam or pickles; the jars are also used as soap dispensers, planters, vases, and drinking glasses—not just for moonshine but for trendy cocktails.

A mason jar is as authentic a piece of Americana as a cowboy hat. Collectors even seek out rare and valuable mason jar specimens. The Universal jar is worth thousands. Produced in Buffalo in 1937, only 50 were ever manufactured. Even more highly prized is the extremely rare Buffalo jar made in amber glass by the Ball company, of which only four are known to exist. From the mundane to the magnificent, mason jars have captured both food and the public's imagination for over a century.

Staff SHOUT-OUTS!!



This month a board was created near the staff entryway to give all employees the opportunity to "Shout Out" positive messages and notes of thank you and praise to others!

There was lots of participation, departments thanking other departments!! Showing again that Belmont Manor is more than just a place to work, but a community of family and friends! Cheers!!

Resident November Birthdays

11-13 Lila S.
11-14 Janelle S.
11-18 Helene P.
11-21 Samuel S.
11-21 Agostino T.
11-26 Beatrice C.
11-30 Carol M.



Staff November Birthdays

11-3 Miciolene S.
11-4 Lanese J.
11-7 Kristine F.
11-9 Anna S.
11-12 Hesed C.
11-12 Evelyn M.
11-13 Danielle A.
11-13 Kelly T.
11-17 Lisa H.
11-21 Jeanne C.
11-21 Faith N.
11-22 Joel M.
11-22 Tricia R.
11-24 Catherine N.
11-25 Jonathan L.
11-27 Marie C.

November Birthdays

In astrology, Scorpios are those born between November 1–21. Scorpios are passionate and deep, qualities that help them counsel others in meaningful ways. Resourceful and determined, Scorpios make good managers. Those born between November 22–30 are Archers of Sagittarius. These open-minded travelers are in constant motion, searching the globe for meaning. Curious, optimistic, and enthusiastic, they are not afraid of change and treasure freedom.

Daniel Boone (frontiersman) – November 2, 1734
Roy Rogers (cowboy) – November 5, 1911
Carl Sagan (astronomer) – November 9, 1934
Grace Kelly (actress) – November 12, 1929
Robert Fulton (inventor) – November 14, 1765
Rock Hudson (actor) – November 17, 1925
Chester Gould (cartoonist) – November 20, 1900
Jamie Lee Curtis (actress) – November 22, 1958
Joe DiMaggio (athlete) – November 25, 1914
Tina Turner (singer) – November 26, 1939
Randy Newman (singer) – November 28, 1943
Samuel Clemens (writer) – November 30, 1835

Join us Wednesday, Nov. 7th at 2:30 pm for a very special musical entertainment program~

The Singing Grandpops!!



The Singing Grandpops are all members of the Retired Men's Club of Arlington. They are very entertaining! Very funny! Very talented!! This program is not to