

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2024

Station #3 Activities Calendar

										10:00 Today's Top Stories 10:30 Mindful Movements & Deep Breathing 11:00 It's Trivial Challenge! 1:15 Room Visits & Mail Delivery 2:00 Rhyming Ball Game 3:00 Refreshments & Travelogue 4:00 Old Sitcoms: Residents Choice! 5:00 Dinner: <i>An Evening w/Perry Como</i>		1	10:00 Weekend World News 10:30 Coffee & Conversation 11:00 Brain Teasers & Puzzles 1:15 Room Visits & Brain Teasers 2:00 Trivial Pursuit 3:00 Resident Social/Historical Moments 4:00 Manicures/ Hand Massages/Aromatherapy 5:00 Dinner to Contemporary Music		2
10:00 Boston Globe Top Stories 10:30 Conversation Ball Toss 11:00 Word in a Word Game 1:15 Room Visits & Mail Delivery 2:00 Sunday Bingo! 3:00 Afternoon Social & Comedy Hour: Then vs. Now 4:00 Who Am I: Hollywood 5:00 Dinner: Italian Café Music	3	10:00 News & Views 10:30 Big Bowling Tournament 11:00 Jeopardy Trivia 1:15 Room Visits/Puzzles/Mail 2:00 <i>Belmont Garden Club (Trellises)</i> 3:00 Refreshments, Chronicles & Afternoon Musicals 4:00 Group Jigsaw Puzzle 5:00 Dinner to Musical Theatre	4	10:00 Daily Chronicles & News 10:30 Hallway Group Stretch! 11:00 Word Games & Brain Teasers 1:15 Room Visits & Mail Delivery 2:00 Table Topics Discussions 3:00 Resident Social & Who/What/Where Am I? 4:00 Photographic Memories 5:00 Dinner to Smooth Bossa Nova	5	10:00 This Day in History 10:30 <i>Live Entertainment with Patrick Hoye!</i> 1:15 Room Visits/ Chronicle/Mail 2:00 Team Trivia Challenge! 3:00 Light Refreshments & Table Topics 4:00 Short Story Book Club Group Discussion 5:00 Dinner to Beautiful Harp Melodies	6	10:00 News Highlights & Weather 10:30 Fit for Life Exercise Class/ Hydration & Cool Down 11:00 Shared Prayer with Janice 1:15 Room Visits/Chronicle/Mail 2:00 Afternoon Bingo! 3:00 Resident Social: Assorted Cookies 4:00 Inspirational Stories 5:00 Dinner: Hymns & Landscapes	7	10:00 Today's Top Stories 10:30 <i>Live Entertainment with Ted Powers!</i> 11:00 It's Trivial Challenge! 1:15 Room Visits & Mail Delivery 2:00 Rhyming Ball Game 3:00 Refreshments & Travelogue 4:00 Old Sitcoms: Residents Choice! 5:00 Dinner: <i>An Evening w/Patsy Cline</i>	8	10:00 Weekend World News 10:30 Coffee & Conversation 11:00 Brain Teasers & Puzzles 1:15 Room Visits & Brain Teasers 2:00 Trivial Pursuit 3:00 Resident Social/Historical Moments 4:00 Manicures/ Hand Massages/Aromatherapy 5:00 Dinner to Contemporary Music		9	
10:00 Boston Globe Top Stories 10:30 Conversation Ball Toss 11:00 Word in a Word Game 1:15 Room Visits & Mail Delivery 2:00 Sunday Bingo! 3:00 Afternoon Social & Comedy Hour: Then vs. Now 4:00 Who Am I: Hollywood Ramadan Begins Daylight Saving Time Begins	10	10:00 News & Views 10:30 Big Bowling Tournament 11:00 Jeopardy Trivia 1:15 Room Visits/Puzzles/Mail 2:00 <i>Scene It Movie Game!</i> 3:00 Refreshments, Chronicles & Afternoon Musicals 4:00 Group Jigsaw Puzzle 5:00 Dinner to Musical Theatre	11	10:00 Daily Chronicles & News 10:30 <i>Live Entertainment with Denise Doucette!</i> 11:00 Word Games & Brain Teasers 1:15 Room Visits & Mail Delivery 2:00 Table Topics Discussions 3:00 Resident Social & Riddle Me This! 4:00 Photographic Memories 5:00 Dinner to Smooth Bossa Nova	12	10:00 This Day in History 10:30 Deep Breathing Exercises 11:00 Puzzles: Wacky Wordies 1:15 Room Visits/ Chronicle/Mail 2:00 Team Trivia Challenge! 3:00 Light Refreshments & Table Topics 4:00 Short Story Book Club Group Discussion 5:00 Dinner to Beautiful Harp Melodies	13	10:00 News Highlights & Weather 10:30 Fit for Life Exercise Class/ Hydration & Cool Down 11:00 Shared Prayer with Janice 1:15 Room Visits/Chronicle/Mail 2:00 Afternoon Bingo! 3:00 Resident Social: Cheese & Crackers 4:00 Inspirational Stories 5:00 Dinner: Hymns & Landscapes	14	10:00 Today's Top Stories 10:30 Mindful Movements & Deep Breathing 11:00 It's Trivial Challenge! 2:00 <i>Live Entertainment with Bill Shontz! (Trellises)</i> 3:00 Refreshments & Travelogue 4:00 Old Sitcoms: Residents Choice! 5:00 Dinner: <i>An Evening w/Celtic Women</i>	15	10:00 Weekend World News 10:30 Coffee & Conversation 11:00 Brain Teasers & Puzzles 1:15 Room Visits & Brain Teasers 2:00 Trivial Pursuit 3:00 Resident Social/Historical Moments 4:00 Manicures/ Hand Massages/Aromatherapy 5:00 Dinner to Contemporary Music		16	
<i>Happy St. Patrick's Day!</i> 10:00 Boston Globe Top Stories 10:30 Conversation Ball Toss 11:00 Tales of the Irish Discussion Group 1:15 Room Visits & Mail Delivery 2:00 Sunday Bingo! 3:00 Afternoon Social & Riverdance! 4:00 Truth or Blarney Trivia & Puzzles 5:00 Dinner: <i>Irish Pub Music! St. Patrick's Day</i>	17	10:00 News & Views 10:30 Big Bowling Tournament 11:00 Jeopardy Trivia 1:15 Room Visits/Puzzles/Mail 2:00 <i>Scene It Movie Game!</i> 3:00 Refreshments, Chronicles & Afternoon Musicals 4:00 Group Jigsaw Puzzle 5:00 Dinner to Musical Theatre	18	<i>1st Day of Spring!</i> 10:00 Daily Chronicles & News 10:30 Hallway Group Stretch! 11:00 Word Games & Brain Teasers 1:15 Room Visits & Mail Delivery 2:00 <i>Cooking with Paula!</i> 3:00 Resident Social: Fruit Parfaits Who/What/Where Am I? 4:00 Photographic Memories 5:00 Dinner to Smooth Bossa Nova Spring Begins	19	10:00 This Day in History 10:30 Deep Breathing Exercises 11:00 Puzzles: Wacky Wordies 1:15 Room Visits/ Chronicle/Mail 2:00 Dying Easter Eggs! 3:00 Light Refreshments & Table Topics 4:00 Short Story Book Club Group Discussion 5:00 Dinner to Beautiful Harp Melodies	20	10:00 News Highlights & Weather 10:30 Fit for Life Exercise Class/ Hydration & Cool Down 11:00 Shared Prayer with Janice 1:15 Room Visits/Chronicle/Mail 2:00 Afternoon Bingo! 3:00 Resident Social: Assorted Cookies 4:00 Inspirational Stories 5:00 Dinner: Hymns & Landscapes	21	10:00 Today's Top Stories 10:30 Mindful Movements & Deep Breathing 11:00 It's Trivial Challenge! 1:15 Room Visits & Mail Delivery 2:00 Rhyming Ball Game 3:00 Refreshments & Travelogue 4:00 Old Sitcoms: Residents Choice! 5:00 Dinner: <i>An Evening w/Bing Crosby</i>	22	<i>Purim Begins</i> 10:00 Weekend World News 10:30 Coffee & Conversation 11:00 Brain Teasers & Purim Puzzles 1:15 Room Visits & Brain Teasers 2:00 Trivial Pursuit 3:00 Resident Social/Historical Moments 4:00 Manicures/ Hand Massages/Aromatherapy 5:00 Dinner to Contemporary Music Purim Begins		23	
<i>Palm Sunday</i> 10:00 Boston Globe Top Stories 10:30 Conversation Ball Toss 11:00 Word in a Word Game 1:15 Room Visits & Mail Delivery 2:00 Sunday Bingo! 3:00 Afternoon Social & Comedy Hour: Then vs. Now 4:00 Who Am I: Hollywood 5:00 Dinner: Italian Café Music Palm Sunday	24	10:00 News & Views 10:30 Big Bowling Tournament 11:00 Jeopardy Trivia 1:15 Room Visits/Puzzles/Mail 2:00 <i>Scene It Movie Game!</i> 3:00 Refreshments, Chronicles & Afternoon Musicals 4:00 Group Jigsaw Puzzle 5:00 Dinner to Musical Theatre	25	10:00 Daily Chronicles & News 10:30 <i>Laughter Yoga with Joanie!</i> 11:00 Word Games & Brain Teasers 1:15 Room Visits & Mail Delivery 2:00 <i>Cooking with Paula!</i> 3:00 Resident Social & Riddle Me This! 4:00 Photographic Memories 5:00 Dinner to Smooth Bossa Nova	26	10:00 This Day in History 10:30 Deep Breathing Exercises 11:00 Puzzles: Wacky Wordies 1:15 Room Visits/ Chronicle/Mail 2:00 Resident Council Meeting 3:00 March Birthday Celebration! 4:00 Short Story Book Club Group Discussion 5:00 Dinner to Beautiful Harp Melodies	27	10:00 News Highlights & Weather 10:30 Fit for Life Exercise Class/ Hydration & Cool Down 11:00 Shared Prayer with Janice 1:15 Room Visits/Chronicle/Mail 2:00 Afternoon Bingo! 3:00 Resident Social: Cheese & Crackers 4:00 Inspirational Stories 5:00 Dinner: Hymns & Landscapes	28	10:00 Today's Top Stories 10:30 Mindful Movements & Deep Breathing 11:00 It's Trivial Challenge! 2:00 <i>Live Entertainment with Jodi (Trellises)</i> 3:00 Refreshments & Travelogue 4:00 Old Sitcoms: Residents Choice! 5:00 Dinner: <i>An Evening w/Dean Martin</i>	29	10:00 Weekend World News 10:30 Coffee & Conversation 11:00 Brain Teasers & Puzzles 1:15 Room Visits & Brain Teasers 2:00 Trivial Pursuit 3:00 Resident Social/Historical Moments 4:00 Manicures/ Hand Massages/Aromatherapy 5:00 Dinner to Contemporary Music		30	
<i>Happy Easter!</i> 10:00 Boston Globe Top Stories 10:30 Conversation Ball Toss 11:00 Easter Egg Mystery Word Hunt 1:15 Room Visits & Mail Delivery 2:00 Sunday Bingo! 3:00 Afternoon Social & Evolution of the Easter Bunny/History of White House Easter Egg Roll 4:00 Who Am I: Hollywood 5:00 Dinner: Italian Café Music Easter Sunday	31	 <p style="font-size: 2em; color: purple; text-align: center;">Spring: A lovely reminder of how beautiful change can truly be.</p> 													